

Planning for Your Child Special Needs Letter of Intent Workbook

Inform future caregivers of your intentions for the care of your child



Ensuring Your Child's Future

No one else knows your child as well as you do, and no one ever could. You are a walking encyclopedia of your child's history, experiences, habits, and wishes. If your child has special needs, the family's history adds a helpful chapter to your child's book, one detailing his unique medical, behavioral and educational requirements.

What would happen if you suddenly became unable to provide your child with the necessary supports he needs? Without you, your child would become dependent on other caregivers who simply do not possess all of your personal knowledge and insight. However, there are steps you can take now to minimize the natural disruption and disorientation that will occur upon your death or if you become unable to care for your child during your lifetime.

First and foremost, you should appoint a legal guardian for any child who is not expected to be able manage personal financial or medical decisions without assistance. Second, you could prepare a letter of intent to help loved ones and your child manage a difficult transition when you no longer are the primary caregiver. A letter of intent is an important planning tool for parents of children with special needs (including adult children), and also may be useful when planning for minor children who are not expected to face special challenges.

Importance of Letter of Intent

Although a letter of intent is one of the most important estate planning documents a parent can prepare, it is not a formal legal document that must be created by an attorney. The goal of a letter of intent is to memorialize your knowledge of your child's needs so that you may guide future caregivers, guardians and trustees in providing the best possible care to your child. Simply put, a thoughtful letter of intent ensures that those who come after you need not waste precious time figuring out the best way to manage and care for your child.

Use this workbook as a guidepost to help you organize the important information you will need to draft a letter of intent. Once you complete the workbook, seek legal counsel from an experienced special needs planning attorney to assist you with drafting the letter. The letter should be periodically updated. It should also be shared with appropriate people, such as your child's designated guardian.

"To the world you may be one person, but to one person you may be the world."

- Heather Cortez, poet

General Information

Full Legal NameNic		Nicknar	kname		
Social Security Number		Date of Birth (mo/day/yea	ar)//	_ Gender	
Address					
Home Phone	Work Pho	ne	Cell Phone		
Email					
Birth Informa	tion				
Date ofBirth (mo/day/yr)/	/City			State	
WeightLength					
Obstetrician (name and location	1)				
Delivery Hospital					
Relevant Information About the	Delivery				
Parent's Infor					
Social Security Number		_Living?			
Address					
Home Phone			Cell Phone		
Email					
Date of Birth (mo/day/yr) /			State	Blood Type	

Marital StatusN	ame of Spouse		
Parent's Sibling Name/City/Phon	ne		
Parent's Sibling Name/City/Phon	ne		
Parent's Sibling Name/City/Phon	ne		
Parent's Information	mation		
Full LegalName			
Social Security Number	Living?	Yes No	
Address			
Home Phone	Work Phone	Cell Phone	
Email			
Date ofBirth (mo/day/yr)/	/ City	State	_ Blood Type
Marital StatusN	ame of Spouse		
Parent's Sibling Name/City/Phor	ne		
Parent's Sibling Name/City/Phor	ne		
Parent's Sibling Name/City/Phon	e		
Siblings			
Name		AgeGe	nder
Address			
Home Phone	Work Phone	Cell Phone	
Email			
Name		AgeGe	nder
Address			
Home Phone	Work Phone	Cell Phone	
Email			

NameAge	_Gender
Address	
Home Phone	Work PhoneCell Phone
Email	
Other Relatives	and Friends
Name	Relationship
Address	
	Email Address
Name	Relationship
Address	
Phone	Email Address
Name	Relationship
Address	
Phone	Email Address
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Medical History	and Care
Diagnoses	
<u> </u>	
Intellectual Functioning Level	
<u> </u>	pical, mild disab., moderate disab., severe disab., profound disab., undetermined, etc.)
Speech Functioning Level	
	(typical, mildly impeded, severely impeded, requires speech device, etc.)
Mobility Functioning Level	

Visual Functioning Level	
	(typical, corrective glasses, contact lenses, requires Braille, legally blind, etc.)
Hearing Functioning Level	
	(typical, mild loss, mod. loss, hearing aid(s), use sign lang., cochlear implants, etc.)
Blood Type/Conditions	
Immunizations/Date (e.g. Smallpox/2010	0)
Physicians	
Name/Specialty	
Address/Phone	
Findings/Treatment	
Name/Specialty	
Address/Phone	
Findings/Treatment	
Name/Specialty	
Name/Specialty	
Address/Phone	
Dentist/Orthodontist	
inerapists/Phone/Duration(e.g. Dr.	Carol Choi speech/513.700.2144/5 yrs)

Diagnostic/Genetic Testing Results
Allergies/Physician
Surgical Procedures/Date/Location (e.g. Tonsils, 2009, Lansing Gen'l Hosp.)
Other Hospitalizations or Inpatient Treatment/Date/Location (e.g. asthma attack, 2007, Christ Hosp. Cincinnati)
Orthopedic Conditions
Cardiac Conditions
Devices to Assist with Daily Living (e.g. shower chair, hand splints, etc.)
Prescription Medication(s)/Reason/Dosage
Over The CounterMedication(s)/Reason/Dosage
Dietary Considerations (food allergies, no sugar, nut allergy, choking hazards, favorite foods, etc.)

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Start Date
Still Receiving Benefits?
Start Date
Still Receiving Benefits?
Start Date
Still Receiving Benefits?
Start Date
Still Receiving Benefits?

Living Arrangements

Include any required accommodations or restrictions such as shared room, group home, neighborhood setting, etc. Past Present _____ Future (1st choice)_____ (2nd choice) _____ Personal Finances (skill level, spending habits, allowance, etc.) Education Previous Schools/Years Current Schools or Programs _____ Vocational Training Programs/Years_____ Integration experiences _____ Employment Previous Employment/Work Programs_____ Current Employment/Work Programs _____ Employment Assistance Required (e.g. restricted lifting, wheelchair access, etc.)

Personality and Habits

Self Esteem
Sleep Habits
Unique Personality Traits
Adaptability to Change
Interaction with Animals
Is Upset By
Shows Anger By
Is Afraid of
Feels Better When
Other Unique Behaviors
Recreation & Fitness
Previous Programs/Activities
Current Programs/Activities
Fitness Level and Skills (e.g. canswim, dance, play basketball, etc.)
Vacations
Favorite TV/Movies
Favorite TV/Movies Favorite Music

Favorite Books		
Other Favorite Activities (e.g. museum	zoo visits, pizza parlor, etc.)	
	200 visits, pizza parior, etc.)	
Spirituality & Va	alues	
Religion	Preferred Clergy	
House of Worship Attended		
Type of Participation in Church Activ	vities	
What Values (religious or otherwise)	Should be Emphasized and Reinforced?	
Volunteering/Community Involvemen	t <u> </u>	
	0	
Legal Guardians	S	
11.		
	Email Address	
Successor Guardian(s)		
Address		
Phone	Email Address	
Special Needs T	Trust	
Trust Name/Date of Trust		
Trustee Name/Address		

Trustee Phone/Email		
Successor Trustee/Phone/Email		
Power of Attorney — Fin appointed to receive and administer Social Securi		Phone
Address_	_ Email Address	
Date Power was Granted (mo/day/yr)//	Is Power Durable?	
Power of Attorney – Med	ical	
Name	_Phone	
Address	Email Address	
Date Power Was Granted (mo/day/yr)//	Is Power Durable?	
Location of Important I		
Trust		
Insurance Policies Life		
Health		
Accident		
Homeowners		
Auto		
Birth Certificate		
Marriage Certificate		
Adoption Papers		
Military Discharge		
Tax Records and Returns		

Checking				
Savings				
Credit Cards/Acct Number				
Titles				
Autos		Land	<u> </u>	
Safe Deposit Box		Safe D	Deposit Box Key	
Other (e.g. power of attorney, Social Se				
Contacts				
Attorney		_Address		
City	State	_ ZIP	Current Phone ()
Accountant		_Address_		
City	State	_ ZIP	Current Phone ()
Insurance Agent		Addres	SS	
City	State	_ZIP	Current Phone ()
Investment Advisor		_ 🗌 Che	eck here if investment advi	sor is also insurance agen
Address				
City	State	_ZIP	Current Phone ()
Bank	Address			
City	State	_ZIP	Current Phone (_)
Bank	Address			
City	Ctata	7ID	Current Phone ()

Final Arrangements

	Funeral/Burial Arrangements Have Been Made Burial Cremation
Casket Preference Headstone Preference Epitaph Pastor Preference Pall Bearers Music (specific songs/hymns and/or musicians) Flowers Other Requests (favoritle scripture, memorial ideas)	Funeral Home Name/Phone
Headstone Preference Epitaph Pastor Preference Pall Bearers Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	Cemetery
Headstone Preference Epitaph Pastor Preference Pall Bearers Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	Casket Preference
Pastor Preference	
Pastor Preference	
Pastor Preference Pall Bearers Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	
Pall Bearers Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	
Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	
Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	
Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	
Music (specific songs/hymns and/or musicians) Flowers Other Requests (favorite scripture, memorial ideas)	
FlowersOther Requests (favorite scripture, memorial ideas)	
Other Requests (favorite scripture, memorial ideas)	
Other Requests (favorite scripture, memorial ideas)	
Obituary (In summary, what should it say and where would should it be published?)	Carron residence somptane, memorian accas,
Obituary (In summary, what should it say and where would should it be published?)	
	Obituary (Insummary, what should it say and where would should it be published?)
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Ardent Community Trust of Pennsylvania 1012 W. 9th Avenue, Ste. #215 King of Prussia, PA 19406

(T) 610-265-4788

(F) 610-265-4688

	Client's Persona	l Income / Budget Sh	eet
Beneficiary:		Requested Amt:	
Trust Account #			
		our personal monthly income and h	nousing expenses.
·	B for monthly estimated	•	iouding enpended.
,	(Part A)	•	
SSI / Amount: \$		Food Stamps/ Amt. \$	
SSDI / Amount: \$		Other Income Amt. \$	
	xpenses paid from SSI		Actual
Rent			
Mortgage			
Gas Utility			
Water Utility			
Electric Utility			
Trash Service			
Sewer			
RE Taxes			
Food			
Other			
Part (B)Total Other	Expenses / For Credit	Card Use	
Clothing			
Personal Items			
Household Items			
Cable			
Hair Salon			
Bus/trolleys			
Parking			
Taxis			
Vacation			
Other			
Other			
Other			
Total Other Expense	es		
~ .			.
Signature:			Date:
Do Not Write Below This Li	ne		
TA Approval:		Approved Limit:	
Special Instructions		ILL	

Conclusion

Concluding Remarks	
Completed by	Date
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Ardent Community Trust of Pennsylvania (ACT) has an extensive history in administering First Party, Third Party and Pooled Special Needs Trusts. Since 2001 when ACT was established, our trust administrators have endeavored to enhance the lives of beneficiaries while protecting their governmental benefits.

In effort to enhance the life and provide greater peace of mind to the beneficiary, their families and others responsible for their welfare, The Arc Community Trust of Pennsylvania's mission is; to serve as trustee for a variety of special needs trusts with integrity and in a manner that exceeds best-practice fiduciary standards, protecting public benefits and financial assets for the beneficiary.

The ACT staff, leadership and board of directors look forward to working with you!

Self-Funded Special Needs Trust

Self-Settled Special Needs Trusts come in two varieties, non-Pooled and Pooled. A non-Pooled Special Needs Trust (also known as a Payback Trust) is established for one Trust beneficiary, and the Trustee can be anyone who is qualified to act as Trustee. This is the kind of Trust most people refer to when they use the term Special Needs Trust. A Payback Trust is individually drafted by legal counsel and will be received and reviewed by the government and at the demise of the beneficiary all remaining funds are paid back to the government for services received.

Requirements for a Payback Trust

- It is for the benefit of an individual with disabilities under 65 years of age.
- ♦ The beneficiary is disabled as defined in 42 USC 1382 c(a)(3).
- The trust is established by a parent, grandparent, legal guardian or court.
- At the beneficiary's death, any residual funds are first used to pay back the State or Commonwealth for any Medical Assistance benefits received by the Beneficiary.

Third Party Funded Special Needs Trust

The Third Party Funded Trust is a trust which is created and funded by someone other than the individual with a disability, such as a parent, grandparent, or another loved one. The Third Party Funded Trust is a very effective option that requires advanced planning. This type of trust gives the trustee almost total discretion to spend or not spend on the beneficiary's needs, except that the trustee is always directed not to distribute assets in any way that reduces the beneficiary's government benefits.

Basic differences between this trust and a self-funded trust:

- The Third Party Funded Trust permit the Settlor, the individual establishing the trust, to direct all residual funds at the time of the beneficiary's death without any pay back to the government.
- The Third Party Funded Trust permits, perhaps even encourages, more than one concurrent beneficiary. The Third Party Funded Trust can use a family member or corporate fiduciary to serve as the trustee. Each trust is established and maintained individually and must be approved individually by the government.

Pooled Trust

Pooled trusts are a more affordable option to establish and maintain, prolonging the individuals assets. A pooled trust is a trust established and administered by a non-profit organization. A separate account is established for each beneficiary of the trust, but for the purposes of investment and management of funds, the trust pools these accounts. For Pooled Trusts (also known as (d)(4)(C) Trusts), each subaccount is established by the person with a disability, a parent, grandparent, guardian, or a court, and the Trust is funded with the assets of the person with a disability. The Pooled Trust provides that, upon the death of the disabled beneficiary, if there are funds remaining in the beneficiary's sub-account, they are retained by the charity in effort to support

Notes about a Pooled Trust:

- This trust can be self-created and self-funded.
- Because there is no "look-back" period on a Pooled Trust, any funds received by the individual, or to which the individual is already entitled, can be deposited into a Pooled Trust and will no longer render the individual ineligible.
- A Pooled Trust is established using a Social Security
 Administration pre-approved form and does not require separate court approval. These trusts are a more affordable option to establish and maintain, prolonging the assets.

Education Special Needs Trust

In addition to administering pooled and non-pooled special needs trusts, ACT administers educational special needs trusts. Educational trusts are trusts which typically arise out of the settlement of disputes between parents and school districts over whether the school district has provided adequate "free appropriate public education" for a student with disabilities, or whether the school district has properly followed an Individualized Education Plan.

ACT's administration of an educational trust is guided by two documents: the settlement agreement between the parents and the school district and a trust agreement between ACT and either the parents or the school district, depending on who is settling the trust. The settlement agreement, which comes first, is negotiated by lawyers for the parents and the school district. The trust agreement is then drafted by the lawyer for either the parents or the school district.



Ardent Community Trust of Pennsylvania